

LUNCH

WEDNESDAY, SEPTEMBER 16, 2026

HONOLULU CHICKEN



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
325	1100mg	22g	15g	25g	60mg	0g

GARLIC BUTTER BEEF TIPS W/POTATOES



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
345	745mg	20g	17g	28g	40mg	1g

GARLIC SESAME TOFU WITH RICE

sesame



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
245	750mg	15g	5g	35g	0mg	3g

coconut milk

TATER TOT CASSEROLE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	474mg	11g	13g	35g	0mg	5g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

WEDNESDAY, SEPTEMBER 16, 2026

MAPLE PECAN CHICKEN

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	150mg	22g	17g	15g	105mg	0g

CREOLE CASSEROLE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
267	750mg	15g	15g	18g	40mg	2g

SAUSAGE ETOUFFEE coconut oil/pea protein

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	850mg	16g	17g	10g	0mg	2g

 contains wheat

 contains egg

 contains milk

 vegetarian

 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen